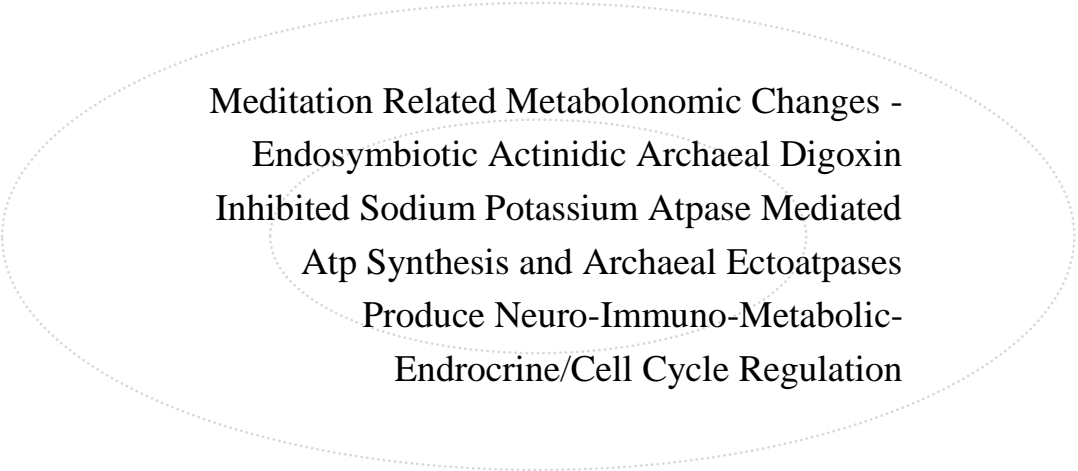# Chapter 13

Meditation Related Metabolonomic Changes - Endosymbiotic Actinidic Archaeal Digoxin Inhibited Sodium Potassium Atpase Mediated Atp Synthesis and Archaeal Ectoatpases Produce Neuro-Immuno-Metabolic-Endrocrine/Cell Cycle Regulation

Introduction

Meditation can induce heme oxygenase activity. Heme oxygenase induction suppresses ALA synthase. Thus heme is depleted from the system. There is increased porphyrin synthesis leading onto porphyrinuria and porphyria. The stimulus for porphyrin synthesis comes from heme deficiency. Porphyrins can organize into self replicating supramolecular structures called porphyrions which are induced by meditative practices. The porphyrins can self organize to form macromolecular structures which can self replicate to form a porphyrin organism. The photon induced transfer of electrons along the macromolecule can lead to light induced ATP synthesis. The porphyrins can form a template on which RNA and DNA can form generating viroids. The porphyrins can also form a template on which prions can form. They all can join together - RNA viroids, DNA viroids, prions - to form primitive archaea. Thus the archaea are capable of self replication on porphyrin templates. This leads to the generation of endosymbiotic nanoarchaea and viroids consequent to meditation.

Actinidic archaea has been related to the pathogenesis of schizophrenia, malignancy, metabolic syndrome x, autoimmune disease and neuronal degeneration. Archaea have got ectoATPases. EctoATPases convert ATP to ADP and AMP. ATP functions as purinergic neurotransmitter regulating multiple cell functions. 5'AMP activates the metabolic gauge AMP kinase. Archaeal digoxin produces membrane sodium potassium ATPase inhibition. Membrane sodium potassium ATPase in the setting of digoxin induced inhibition can synthesize ATP. This ATP can serve as a substrate for ectoATPase. This ATP can serve as a substrate for ectoATPase and functions as an archaeal signalling molecule. The RBC membrane sodium potassium ATPase mediated ATP synthesis and archaeal ectoATPase activity was assessed in the above mentioned disorders.[1-9]

Materials and Methods

The following groups were included in the study: - meditation group, endomyocardial fibrosis, Alzheimer's disease, multiple sclerosis, non-Hodgkin's lymphoma, metabolic syndrome x with cerebrovascular thrombosis and coronary artery disease, schizophrenia, autism, seizure disorder, Creutzfeldt Jakob's disease and acquired immunodeficiency syndrome. There were 10 patients in each group and each patient had an age and sex matched healthy control selected randomly from the general population. The blood samples were drawn in the fasting state before treatment was initiated. Plasma from fasting heparinised blood was used and the experimental protocol was as follows (I) Plasma+phosphate buffered saline, (II) same as I+cholesterol substrate, (III) same as II+rutile 0.1 mg/ml, (IV) same as II+ciprofloxacine and doxycycline each in a concentration of 1 mg/ml. Cholesterol substrate was prepared as described by Richmond.[10] Aliquots were withdrawn at zero time immediately after mixing and after incubation at 37 ℃ for 1 hour. The following three estimations were carried out: - Cytochrome F420 and ectoATPase activity. RBCs from the patient's blood were separated within 1 hour of collection of blood and ATP synthesis activity was assessed in the presence of added digoxin to produce a concentration 12.2 ng/dl.[11-13] Cytochrome F420 was estimated flourimetrically (excitation wavelength 420 nm and emission wavelength 520 nm). Informed consent of the subjects and the approval of the ethics committee were obtained for the study. The statistical analysis was done by ANOVA.

Results

Plasma of control subjects showed increased levels of the above mentioned parameters with after incubation for 1 hour and addition of cholesterol substrate resulted in still further significant increase in these parameters. The plasma of patients showed similar results but the extent of increase was more. The addition of antibiotics to the control plasma caused a decrease in all the parameters while addition of rutile increased their levels. The addition of antibiotics to the patient's plasma caused a decrease in all the parameters while addition of rutile increased their levels but the extent of change was more in patient's sera as compared to controls. The results are expressed in tables 1-3 as percentage change in the parameters after 1 hour incubation as compared to the values at zero time. There was RBC membrane sodium potassium ATPase mediated ATP synthesis and serum archaeal ectoATPase activity in the patients with schizophrenia, malignancy, metabolic syndrome x, autoimmune disease and neuronal degeneration.

Table 1. *Effect of rutile and antibiotics on cytochrome F420.*

Group	CYT F420 % (Increase with Rutile)		CYT F420 % (Decrease with Doxy+Cipro)	
	Mean	±SD	Mean	±SD
Normal	4.48	0.15	18.24	0.66
Schizo	23.24	2.01	58.72	7.08
Seizure	23.46	1.87	59.27	8.86
AD	23.12	2.00	56.90	6.94
MS	22.12	1.81	61.33	9.82
NHL	22.79	2.13	55.90	7.29
DM	22.59	1.86	57.05	8.45
Meditation	22.29	1.66	59.02	7.50
CJD	22.06	1.61	57.81	6.04
Autism	21.68	1.90	57.93	9.64
EMF	22.70	1.87	60.46	8.06
F value	306.749		130.054	
P value	< 0.001		< 0.001	

Table 2. *Effect of rutile and antibiotics on archaeal ectoATPase activity.*

Group	EctoATPase activity % change (Increase with Rutile)		EctoATPase activity % change (Decrease with Doxy+Cipro)	
	Mean	±SD	Mean	±SD
Normal	4.34	0.15	18.24	0.37
Schizo	23.02	1.65	67.61	2.77
Seizure	22.13	2.14	66.26	3.93
AD	23.09	1.81	65.86	4.27
MS	21.93	2.29	63.70	5.63
NHL	23.12	1.71	65.12	5.58
DM	22.73	2.46	65.87	4.35
Meditation	22.98	1.50	65.13	4.87
CJD	23.81	1.49	64.89	6.01
Autism	22.79	2.20	64.26	6.02
EMF	22.82	1.56	64.61	4.95
F value	348.867		364.999	
P value	< 0.001		< 0.001	

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Table 3. RBC membrane ATP synthesis in the presence of digoxin.

Group	RBC membrane ATP synthesis %	
	Mean	±SD
Normal	4.40	0.11
Schizo	23.67	1.42
Seizure	23.09	1.90
AD	23.58	2.08
MS	23.52	1.76
NHL	24.01	1.17
DM	23.72	1.73
Meditation	23.15	1.62
CJD	23.00	1.64
Autism	22.60	1.64
EMF	23.37	1.31
F value	449.503	
P value	< 0.001	

Discussion

There was increase in cytochrome F420 indicating archaeal growth. The archaea can synthesize and use cholesterol as a carbon and energy source.[14-16] The archaeal origin of the enzyme activities was indicated by antibiotic induced suppression. The study indicates the presence of actinide based archaea with an alternate actinide based enzymes or metalloenzymes in the system as indicated by rutile induced increase in enzyme activities.[14-16] There was increased actinide dependent ectoATPase activity. The ectoATPase activity was stimulated by rutile and inhibited by antibiotics. The ectoATPase can convert extracellular ATP into ADP and 5'AMP. There was also evidence of RBC membrane ATP synthesis mediated by digoxin inhibted RBC membrane sodium potassium ATPase. The membrane sodium potassium ATPase in the setting of digoxin mediated inhibition can synthesize ATP. This extracellular ATP serves as a substrate for archaeal ecto ATPases to generate AMP and ADP. The archaeal

digoxin inhibits membrane sodium potassium ATPase and the inhibited enzyme synthesizes ATP which functions as a signaling molecule. The archaea regulates the neuro-immuno-metabolic-endocrine system using extracellular ATP.

ATP is a neurotransmitter in the central and sympathetic nervous system. ATP is stored in and released from synaptic nerve terminals and is known to act postsynaptically via P2X receptors. It promotes calcium signaling. ATP is a cotransmitter at noradrenaline, acetyl choline and GABA synapse. Extracellular ATP can inhibit glutamate transmission. It can thus regulate the NMDA/GABA thalamo-cortico-thalamic pathway mediating conscious perception. ATP functions as a fast excitatory neurotransmitter and is involved in the pathogenesis of schizophrenia. It also plays a role in the pathogenesis of depression.[17-18]

Purinergic receptors regulate cell proliferation and cell differentitation. They also play a role in organ development and regeneration. Thus extracelluar ATP may play a role in oncogenesis. Extracellular ATP and purinergic receptors can mediate cell death. They can initiate neurodegenerative process. They are important in the pathogenesis of Alzheimer's disease and Parkinson's disease.[18, 19]

Extracellular ATP and purinergic receptors are involved in immune activation and can initiate autoimmune disease. 5'AMP is immunosuppressive, inhibits NFKB and reduces cytokine secretion. ATP is immunostimulatory, activates NFKB and promotes cytokine secretion. Thus the ectoATPases can regulate the 5'AMP/ATP ratio and regulate immune signaling. Extracellular ATP can modulate the response to bacterial and viral infection. Extracellular ATP is involved in the signalling pathway of HIV infection and are important cell fusion and HIV replication. Extracellular ATP and purinergic receptors are also involved in lipopolysaccharide signaling.[20-22]

The ectoATPase acts upon ATP to generate 5'AMP. 5'AMP activates 5'AMP activated protein kinase. 5'AMP-activated protein kinase or AMPK or 5' adenosine monophosphate-activated protein kinase is an enzyme that plays a role in cellular energy homeostasis. It is expressed in a number of tissues, including the liver, brain, and skeletal muscle. The net effect of AMPK activation is stimulation of hepatic fatty acid oxidation and ketogenesis, inhibition of cholesterol synthesis, lipogenesis, and triglyceride synthesis, inhibition of adipocyte lipolysis and lipogenesis, stimulation of skeletal muscle fatty acid oxidation and muscle glucose uptake, and modulation of insulin secretion by pancreatic beta-cells. The C. elegans homologue of AMPK, aak-2, has been shown by Ristow and colleagues to be required for extension of life span in states of glucose restriction mediating a process named mitohormesis. 5'AMP can reversibly inhibit mitochondrial oxidative phosphorylation and produce cell hibernation. Purinergic receptors are involved in regulating pancreatic insulin and glucagon secretion. Extracellular ATP may play a role in the development of metabolic syndrome x.[23-25]

Thus the archaeal digoxin can mediate sodium potassium ATPase mediated extracellular ATP synthesis. The extracellular ATP is a archaeal signaling molecule. The extracellular ATP gets acted upon by actinide dependent archaeal ectoATPases to generate ADP and AMP. ATP can act upon purinergic receptors regulating neurotransmission, cell death, cell proliferation, cell differentiation, immunity, endocrine function and metabolism. 5'AMP can activate AMPK the principal metabolic gauge of the body.

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