

A novel biosensor for determination of glucose based on MWCNTs/Pt nanocomposite

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Abstract

The present study deals with the synthesis of platinum coated multiwalled carbon nanotubes (MWCNTs/Pt). The synthesis was carried out using chemical route. The synthesized particle was characterized using standard analytical techniques such as transmission electron microscopy (TEM) and Raman spectroscopy. The TEM image of MWCNTs, shows a uniform layer of MWCNTs having diameter of about 20–35 nm with the thickness of the coating layer 5–12 nm. After immobilization of platinum nanoparticles (PtNPs), the resulting TEM image reveals that spherical Pt particles are present as dark dots with non-ordered distribution with the mean diameter of 4.5 nm. The Raman spectra shows a peaks of MWCNTs at 1352 cm^{-1} (D band) and 1584 cm^{-1} (G band). The observed ratio of the D band to the G band (R value) is from 1.05 to 1.22, associated with the change from MWCNT-COOH to MWCNTs/Pt suggesting that Pt particles have improved the roughness of MWCNTs. The R value of MWCNTs/Pt nanocomposite is reduced to 1.11, which indicates that PtNPs grew in the pores of MWCNTs and some defects disappeared. Since it was reported that MWCNTs/Pt shows good electrochemical activity therefore an attempt has been made to construct glucose biosensor by absorbing glucose oxidase (GOD) on this synthesized material. The result indicates that direct electron transfer process take place at the MWCNTs/Pt/GOD-modified glassy carbon electrode. This biosensor shows good reproducibility, operational stability and has a well storage stability. The results reveal that MWCNTs/Pt/GOD biocomposite could be used in practically oriented application like determination of blood sugar concentration in blood.

Keywords

Multiwalled Carbon Nanotubes, Biocomposite, Biosensors, Platinum Nanoparticles

1. Introduction

In medicine and animal physiology, “blood sugar” refers to glucose in the blood. Glucose is the primary source of energy for the body cells (bodiclesy). Blood-sugar concentration, or glucose level, is tightly regulated in the human body and it is maintained within the normal range of 4–6 mM. Failure to control blood-glucose level within the normal range leads to high (hyperglycemia) or low (hypoglycemia) blood sugar levels. Diabetes, characterized by persistent hyperglycemia in clinical medicine, is one of the leading causes of morbidity and mortality affecting over

100 million people worldwide. Maintenance of blood-glucose concentration within the normal physiological range has been recognized as an important way to prevent development of diabetes-related complications. Large numbers of methods have therefore been proposed to monitor blood-glucose concentration, and the amperometric biosensor based on enzyme electrodes is a primary choice because of its high sensitivity, short response time, and low cost of instrumentation [1].

For the electrochemical biosensor applications, the electrode modifying material is expected to possess several characteristics such as good electron transduction capability, physical or chemical environment for the stable

immobilization of enzyme bioactivity, easy accessibility towards the analyte and large surface area. Literature survey reveals that all these important characteristics cannot be inbuilt in a single material. Hence, there is always a demand for the development of composite materials, comprising two or more components, to achieve adequate sensitivity and stability in the biosensors [2-4].

Nowadays the pursuit of non-enzymatic glucose sensing with rapid response and precise measurement is a vigorous and competitive area of research. The direct oxidation of glucose by different electrodes in the absence of enzyme has been studied [5–10]. Various metal electrodes such as platinum (Pt), gold (Au), and silver (Ag) have been proved to be highly electro-active in the anodic oxidation of glucose requiring a higher potential. However, these can be problematic due to poisoning/fouling of the electrode surface, especially in Au and Pt electrodes. Additionally the cost of these precious metals needs to be considered. As a consequence, there is increasing interests on the fabrication of modified electrodes with low operating potential by enhancing electron transfer kinetics. In comparison, a few transition metal complexes, including the various transition metal hexacyanoferrate modified electrodes, have been shown to be efficient electro-catalysts for anodic oxidation of glucose, giving enhanced stability towards the target analyte, with low detection limits and wide analytical ranges achievable [11–16]. In this area, problems related with the instability of modified electrodes are evident with limited widespread implementation. Consequently in this paper, we describe a simple route to the production of uniform functional nickel hexacyanoferrate (NiHCF) nanoparticles using electrochemical deposition. The preparation method is simple and NiHCF nanoparticles may be readily formed on a glassy carbon electrode surface constructing a simple, economical and accurate amperometric sensor for glucose. The non-enzymatic glucose biosensor based on NiHCF modified electrodes provides a prominent augmentation of current response towards glucose with a good stability and reproducibility. Earlier Li et. al. studied the synthesis of carbon nanotubes and SnO₂-Au composite and its direct electrochemistry with glucose oxidase and its biosensing for glucose [17]. The synthesis of this material is quite expensive, therefore it is not possible to adopt this method at large scale.

To the best of our knowledge no attempt has been made to synthesize MWCNTs/Pt and studied its biosensing ability. Therefore we have made an attempt to synthesize the MWCNTs/Pt nanocables and to study its application as biosensor material. In this study, the PtNPs were dispersed in situ over the MWCNTs to form MWCNTs/Pt nanocables. TEM image shows that the MWCNTs surface is covered with PtNPs at high density. The MWCNTs-Pt nanocomposite was deposited on a glassy carbon electrode (GCE), and then a glucose biosensor was constructed by absorbing GOD on the hybrid material. The DET of GOD is observed at the MWCNTs/Pt/GOD-modified GCE. A linear range of glucose from 4.0 to 24.0 mM was mainly studied in phosphate buffer solution (PBS), which is suitable for glucose determination

by real samples. Moreover, the glucose concentration in human blood was preliminarily studied by the newly developed biosensor.

2. Experimental

2.1. Preparation of MWCNTs/Pt Nanocomposite

The MWCNTs (Sigma- Aldrich) were treated with HNO₃ (Merck) at 60 °C for 12 h by continuous stirring. The product was centrifuged and washed with double distilled water until its pH value approached to 7. For the preparation of MWCNTs/Pt composite, 1.0 mg of MWCNTs and 0.10 g of hydrazine were dissolved in 5.2 mL of water. Thereafter, 0.74 mL of 13.5 mM hexachloroplatinic acid (Merck) aqueous solution was added drop wise to the hydrazine mixture over several minutes. After stirring for 12 h, the product was centrifuged, washed with double distilled water and then dried at room temperature under vacuum.

2.2. Preparation of MWCNTs/Pt and MWCNTs/Pt/GOD Composite Films

The GCE (5 mm in diameter) was polished subsequently with alumina slurry, and sonicated in water for several times to get mirror image. To prepare the MWCNTs/Pt-modified GCE, 3 µL of 2 mg/mL MWCNTs/Pt aqueous solution were coated on the polished GCE with a microsyringe and dried in air. In order to prepare MWCNTs/ Pt/GOD composite film, 5 µL of 3 mg/mL GOD PBS were dropped on the MWCNTs/Pt modified GCE, and then dried for ca. 24 h at 4 °C. After polishing, the MWCNTs/ Pt/GOD-modified assembly electrode was prepared in the same way as the MWCNTs/Pt/GOD-modified GCE. Finally, 2 µL of 0.5 % Nafion aqueous solution was dropped on the MWCNTs/Pt/GOD composite film to prevent the loss of biocomposite. These enzyme-modified electrodes were stored at 4°C in refrigerator in an air tight container when they were not in use.

2.3. Instruments and Measurements

TEM image was taken with JEOL 2000 transmission electron microscope operating at 200 kV. Raman spectra were collected using a Renishaw Raman system model 1000 spectrometer. The 514.5- nm radiation from a 20 mW air-cooled argon ion laser was used as exciting source. Cyclic voltammetry (CV) scans were performed using a Wenking PGS 95 with full computerized system.

3. Results and Discussion

3.1. Structure Characterization

Fig. 1A and B display the TEM images of MWCNTs and MWCNTs/Pt nanocables, respectively. From the TEM image of MWCNTs, we can see that there is a uniform layer of MWCNTs. The diameter of these nanocables is about 20–35

nm, and the thickness of the coating layer is about 5–12 nm. After immobilization of PtNPs, the resulting TEM image reveals that spherical Pt particles are present as dark dots with non-ordered distribution (Fig. 1B). The diameter of Pt nanoparticles ranges from 3.4 to 6.0 nm, and their mean diameter is 4.5 nm (inset of Fig. 1B).

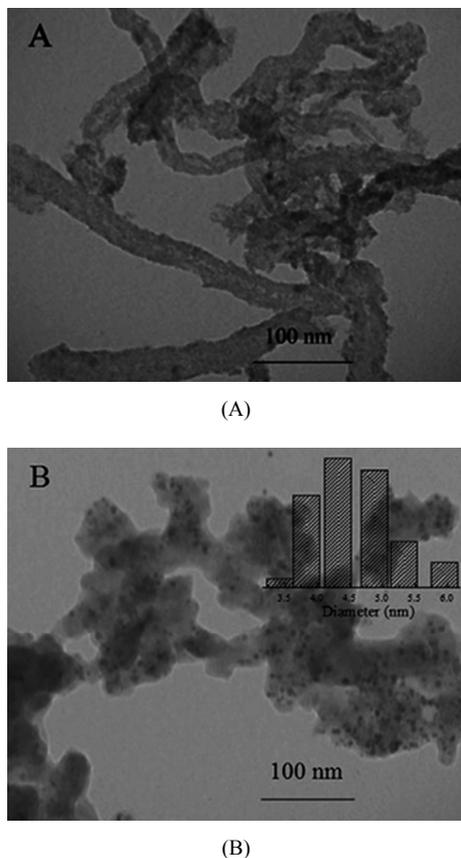


Figure 1. TEM images of (A) the MWCNTs and (B) the MWCNTs/Pt nanocables, particle size distribution as inset.

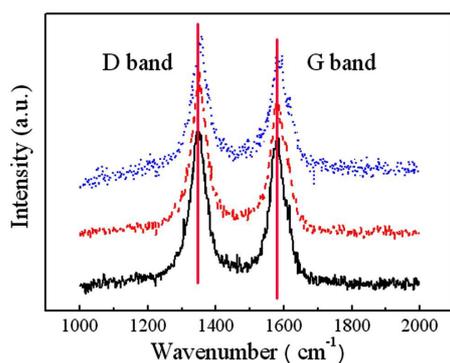


Figure 1C. Raman spectra of the MWCNT-COOH (solid), MWCNTs (dashed), and MWCNTs/Pt (dotted) composites.

Fig. 1C shows the Raman spectra of the MWCNT-COOH, MWCNTs and MWCNTs/Pt. The characteristic peaks of MWCNTs are observed at 1352 cm^{-1} (D band) and 1584 cm^{-1} (G band), respectively. The ratio of the D band to the G band (R value) is from 1.05 to 1.22, associated with the change from MWCNT-COOH to MWCNTs/Pt. It is

suggested that Pt particles have improved the roughness of MWCNTs [14]. The R value of MWCNTs/Pt nanocomposite is reduced to 1.11, which indicates that PtNPs grew in the pores of MWCNTs and some defects disappeared. From the MWCNTs to the MWCNTs/Pt composite, the reduction of the R value and the little up shift in the two bands might be related to the interactions between MWCNTs and deposited Pt atoms [19].

3.2. Electrochemical Properties

Fig. 2A displays the CVs at MWCNTs/Pt in N_2 -saturated and O_2 -saturated 0.05 M PBS (pH 7.0) solution. An obvious reduction wave of O_2 at MWCNTs/Pt -modified GCE is observed at ca. -0.25 V (solid black curve). In contrast, the reduction potential of O_2 at a bare GCE is at ca. -0.55 V (solid gray curve). However, no peaks are seen in the N_2 -saturated solution at the above two electrodes. Therefore, we conclude that MWCNTs/Pt retains a high electrocatalytic activity toward the reduction of O_2 . The electrocatalytic effect of H_2O_2 is also observed at the same electrode.

(Fig. 2B). The initial potential of H_2O_2 reduction is about -0.03 V at the MWCNTs/Pt -modified GCE (solid black curve). Therefore, these results clearly suggest that the MWCNTs/Pt composite can electrocatalytically reduce O_2 and H_2O_2 , which is in favor of further utilization of glucose sensing.

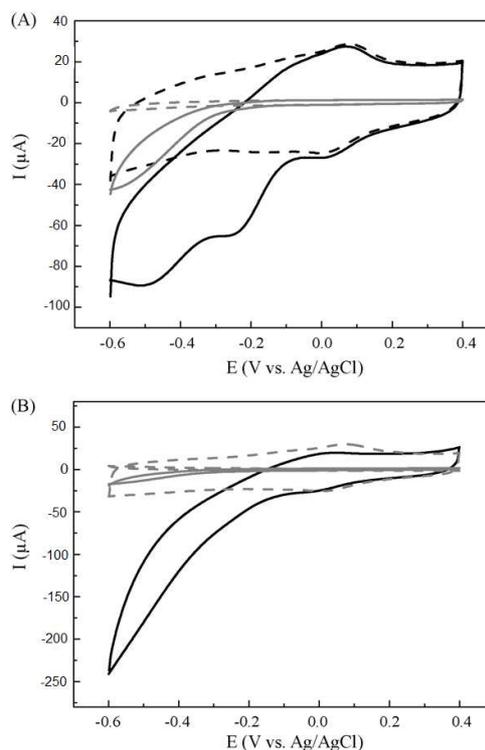


Figure 2. (A) CV curves at the bare GCE (gray) and the MWCNTs/Pt -modified GCE (black) in 0.05M O_2 -saturated (solid) and N_2 -saturated (dashed) PBS (pH 7.0) solution. (B) CV curves at the bare GCE (gray) and the MWCNTs/Pt -modified GCE (black) in 0.05 M N_2 -saturated PBS (pH 7.0) solution in the absence (dashed) and in the presence (solid) of 6.0m M H_2O_2 . Scan rate: 0.1 Vs^{-1} .

3.3. Glucose Biosensor

Fig. 3A shows the CV curve at the MWCNTs/Pt /GOD modified GCE in 0.05 M N_2 -saturated PBS (solid curve). A pair of well-defined and nearly symmetric redox peaks is observed. The peak-to-peak separation (ΔE_p) is calculated to be ca. 0.035 V and the ratio of the cathodic current over the anodic one is close to 1. For comparison, the CV curve without GOD at MWCNTs/Pt -modified GCE does not show such redox waves (dashed curve). It indicates that the redox waves are ascribed to the redox active center in GOD biomolecules [20] and the DET of GOD can be achieved on the MWCNTs/Pt-modified GCE. Fig. 3B shows CVs of the MWCNTs/Pt/GOD-modified GCE at various scan rates. The small ΔE_p value and the linear relationship ($R = 0.999$) between the peak currents and scan rates indicate that the redox process of the prepared biocomposite is a reversible and surface-confined process. Therefore, the MWCNTs/Pt composite might facilitate a reversible electron transfer process between GOD and electrode substrate. MWCNTs were pointed out to play an important role in the DET of GOD [21]. Meanwhile, Pt as linking material can provide a well conductive and porous substrate to facilitate the reversible electron transfer and immobilize GOD molecules in the pores [22-24]. Finally, PtNPs have good electrocatalysis toward H_2O_2 reduction, which is generated during the course of the GOD-catalyzed oxidation of glucose in the presence of dissolved oxygen.

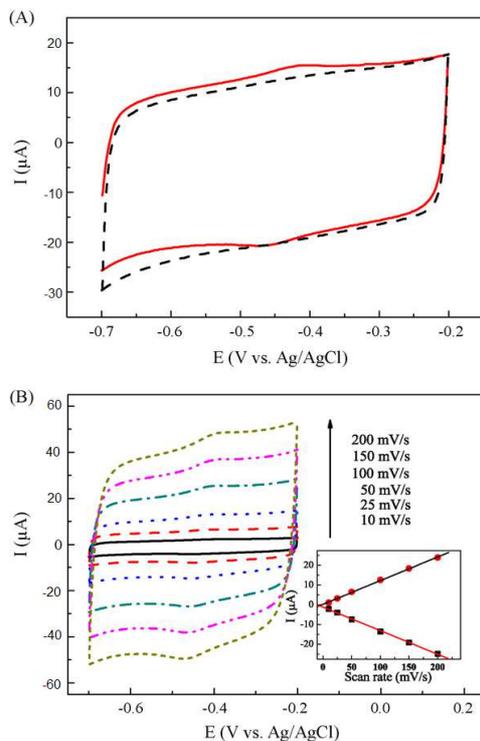


Figure 3. CVgrams (A) at the MWCNTs/Pt-modified (dashed), MWCNTs/Pt /GOD-modified GCE (solid) in 0.05 M N_2 -saturated PBS (pH 7.0) at a scan rate of 0.1 Vs^{-1} , (B) at the MWCNTs/Pt/GOD-modified GCE in 0.05 M N_2 -saturated PBS solution at various scan rates. Scan rate: 10, 25, 50, 150 and 200 mVs^{-1} from inner to outer. Inset is the calibrated plot of peak currents vs. scan rates.

3.4. Immobilized GOD Deposited on the MWCNTs/Pt Composite.

Fig. 4 shows the CV grams at the MWCNTs/Pt /GOD modified GCE in different concentrations of glucose in air-saturated PBS. The peak current decreases with the increase of the glucose concentrations [25]. It suggests that the specific enzyme-substrate activity of GOD has been reserved in the MWCNTs/Pt composite. As shown in the inset of Fig. 4A, a linear relationship between the amperometric responses and the concentrations of glucose is observed ranging from 4.0 to 24.0 mM. The detection limit of the MWCNTs/Pt/GOD-modified GCE biosensor is $5 \mu\text{M}$ by amperometric current-time method Fig. 4B. Therefore, the MWCNTs/Pt composite has a great potential for the application in electrochemical detection of glucose. As known, fasting blood glucose $\geq 7.0 \text{ mM}$ (126 mg/dL) and/or postprandial blood glucose $\geq 11.1 \text{ mM}$ (200 mg/dL) is the base of diagnosis of diabetes. So the linear glucose response from 4.0 to 24.0 mM based on our MWCNTs/Pt/GOD biocomposite is suitable for determining blood glucose concentration. To perform Fig. 4(A).CV grams at the MWCNTs/Pt/GOD-modified GCE in various concentrations of glucose PBS (pH 7.0): 4.0, 9.0, 14.0, 19.0 and 24.0 mM from outer to inner. Inset is the calibration curve corresponding to amperometric responses. Scan rate: 0.1 Vs^{-1} , blood sample test, $30 \mu\text{L}$ of human blood (4.0 mM sugar concentration) were coated on the MWCNTs/Pt /GOD-modified assembly electrode with a micro syringe. The drop of blood must cover all the three electrodes of the assembly electrode, and is used as electrolyte. The cathodic current decreases with successive addition of $0.4 \mu\text{L}$ 0.17 M glucose solution (Fig. 5). From 4.0 to 12.0mM, the amperometric responses linearly change with the glucose concentration (inset of Fig. 5).

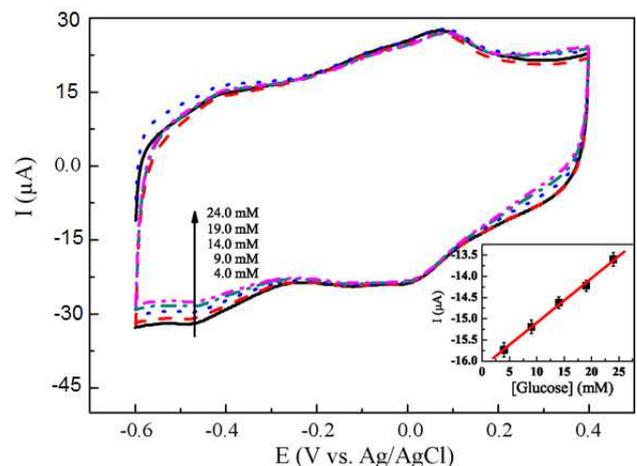


Figure 4(A). CV grams at the MWCNTs/Pt/GOD-modified GCE in various concentrations of glucose PBS (pH 7.0): 4.0, 9.0, 14.0, 19.0 and 24.0 mM from outer to inner. Inset is the calibration curve corresponding to amperometric responses. Scan rate: 0.1 Vs^{-1} .

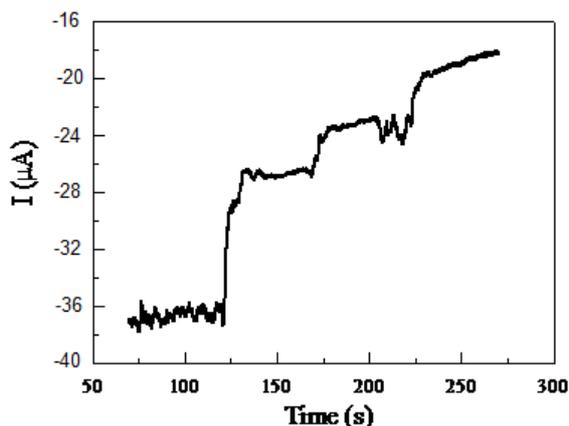


Figure 4(B). Steady-state response of the MWCNTs/Pt/GOD-modified GCE with successive addition of 5.0 μM glucose into 0.05 M air-saturated PBS (pH 7.0) solution (applied potential: -0.45 V vs. Ag|AgCl in saturated KCl solution).

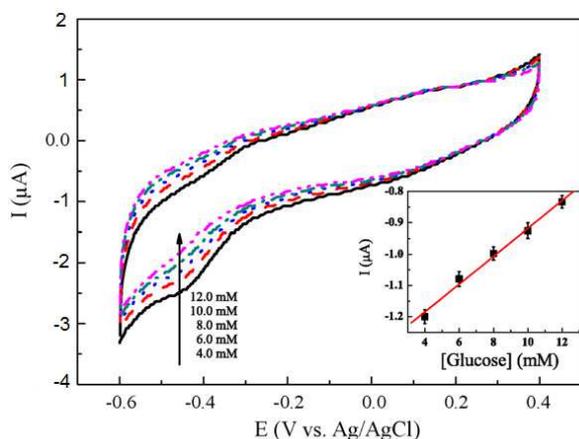


Figure 5. CV grams at the MWCNTs/Pt/GOD-modified assembly electrode in blood sample containing 4.0, 6.0, 8.0, 10.0, 12.0mM glucose from outer to inner. Inset is the calibration curve corresponding to amperometric responses. Scan rate: 0.1 Vs^{-1} .

3.5. Interference Study and Performance Evaluation

The glucose amperometric enzyme sensors are based on the electro-reduction of hydrogen peroxide produced by the enzymatic oxidation of glucose. In general, the amperometric detection of H_2O_2 could be undertaken either by reduction or oxidation.

However, within the living body, there is concomitant electro oxidation of many interfering species, such as AA, DA, UA, alcohol and so on [26-27]. Therefore, the electro-reduction method was carried out in this paper in order to remove the serious interference in the practical sample analysis. The biosensor was immersed into a cell containing 10 mL of 0.05 M air-saturated PBS (pH 7.0) with stirring and then each substrate solution was added to the cell. For the glucose solution (0.2 mM), the sensor output increases, and a maximum current is obtained within 25 s. When AA (0.2 mM), DA (0.2 mM), UA (0.2 mM), alcohol (17 mM), and morphine (1.0 mM) solutions were added to the cell, the

current did not change (Fig. 6). Therefore, the biosensor can eliminate the interference of other molecules in blood by electro-reduction method. Thus, the MWCNTs/Pt/GOD biocomposite as a promising candidate could be used to determine blood glucose concentration in the practical clinical analysis. In addition, the influence on the specificity of substrate-enzymatic reaction is very complicated due to the existence of interfering species. We hope we will give a reasonable answer in the nearest future. The glucose detection performances of the proposed biosensor are compared with other sensors.

All electrochemical measurements (besides blood sample test) were performed in a three-electrode electrochemical cell as shown in Fig. 7. A Au wire and a KCl-saturated Ag/AgCl electrode were used as the counter and reference electrode, respectively. The assembly electrode consisted of a GCE (as working electrode, 5 mm in diameter), an Ag sheet (as reference electrode) and a Pt sheet (as counter electrode). As shown in results, the MWCNTs/Pt/GOD-modified electrode offers reasonable linear range for glucose detection of real sample and the precision of detection is much better than the previous reported method of glucose detection in human blood [28]. However, in comparison with the charge transfer of glucose sensor previously described by Lee et al. [29], it shows little inferior performance. The relative standard derivation (RSD) of our method is 2.5 % for 15 detections in 6.0 mM glucose blood sample at a same modified electrode. However, the method and mechanism are totally different from the previous report which was performed on measurements of small ($\text{D-glucuronate} + \text{H}^+$) ion fluctuation to determine the glucose concentration. In this work, the measurements of glucose are achieved via electrochemical detection of the liberated H_2O_2 during the oxidation of glucose. It is worthwhile noting that the cost of the biosensor is even lower than that of the currently used methods. Moreover, the quantity of blood in one test is only 30 μL , which is acceptable for patients. Furthermore, this biosensor can be used even over 15 times. Therefore, the biosensor could be promisingly applied to determine blood glucose concentration in the practical clinical analysis. The storage stability of the biosensor was also investigated. After two week storage at 4°C , the redox peak currents retain 89 % of their initial response values. It is hopefully assumed that the performance of our biosensor can be improved further by combining screen-printing technique. Presently, about 3 dollars are charged for a blood glucose test in hospitals at international standards. Recently, the popular method used at home is blood glucose strip. The price of blood glucose strip is about 1 dollar but the strip cannot be used repeatedly. Moreover, the reproducibility of the strip method is not satisfied. The detailed calculation of the cost of MWCNTs/Pt biocomposite is as follows. Firstly, the cost of the assembly electrode is about 20 dollars and it can be used for several thousand times. On the assumption that one assembly electrode can be used for 1000 times, only 0.03 dollars are needed in one test on the electrode part. Secondly, the cost of the MWCNTs/Pt composite is ca. 100 dollars/g. However, the

amount of biocomposite using for one chip is 6×10^{-6} g. So the cost of the MWCNTs/Pt composite for one chip is only ca. 6×10^{-4} dollars; Thirdly, the price of GOD is 6400 dollars/g. 1.5×10^{-5} g of GOD is needed for one chip. Thus the cost of GOD is ca. 0.1 dollars for one chip. Finally, the price of Nafion for one chip is ca. 0.002 dollars. In a nutshell it can be said that the cost of biosensor is much less than 0.02 dollars in one test if one chip is used for 10 times. Therefore, the cost of the biosensor is less than that of the currently used other methods. Combining with screen-printing technology, hopefully the cost of biosensor will be further decreased.

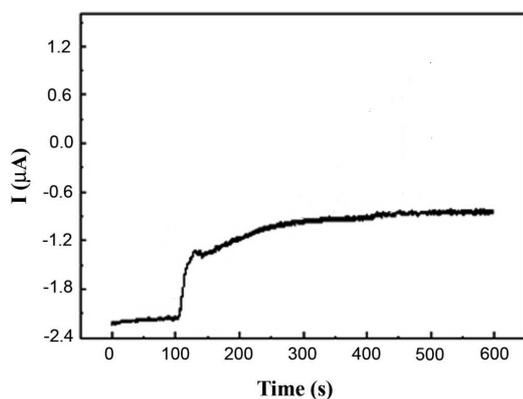


Figure 6. Typical response curves of the MWCNTs/Pt/GOD-modified assembly electrode. Sample solution was added in pH 7.0 PBS under a -0.45 V potential (vs. Ag|AgCl).

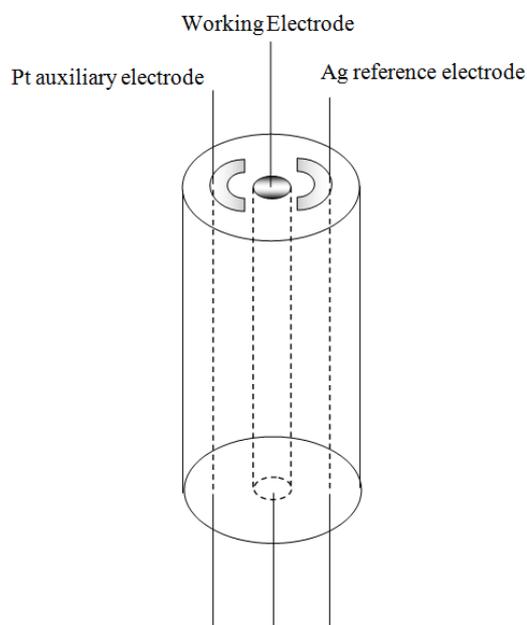


Figure 7. Illustration of the assembly electrode.

3.6. Stability

The DET of GOD in the biosensor exhibits high stability, and its volt metric response remains stable even after continuous scanning for 50 cycles. The reproducibility of enzyme electrode construction was estimated from the response to 10.0 mM glucose of five-enzyme electrodes

prepared under the same conditions. The results reveal that the biosensor has satisfying reproducibility with a RSD of 5.3 %. The operational stability of the enzyme electrode was measured by a same enzyme electrode's continuous response to 0.05 M PBS containing 10 mM glucose. The RSD is 3.4 % for continuous five times determinations. After one-week storage at 4 °C, the response current of the biosensor decreases 2.6 % in 0.05 M PBS containing 10.0 mM glucose. The redox peak currents retain 93 % of their initial response values after two weeks. After one month, the redox peak currents retain 90 % of their initial response. This implies that the MWCNTs/Pt/GOD-modified electrode has good reproducibility and stability. The good representation of the biosensor can be attributed to following reasons. Firstly the strong interaction between the negatively charged enzyme and the positively charged composite avoids the enzyme loss. Secondly, PtNPs offer an acceptable homeostatic environment for GOD and possess satisfying electrocatalysis toward reduction of oxygen and hydrogen peroxide. Therefore, the MWCNTs/Pt composite could be used to immobilize GOD efficiently and further retain the bioactivity of adsorbed GOD.

4. Conclusions

The main feature of this work was to synthesize MWCNTs/Pt composite by a chemical route which was used as novel biosensor for determination of glucose. Experimental results revealed that the synthesized biosensor exhibited satisfying reproducibility, good operational stability and storage ability. The TEM image shows a uniform layer of MWCNTs having diameter of about 20–35 nm, and the thickness of the coating layer was about 5–12 nm. The diameter of Pt nanoparticles ranged from 3.4 to 6.0 nm. Raman spectroscopy suggested that Pt particles improved the roughness of MWCNTs. The R value of MWCNTs/Pt nanocomposite was reduced to 1.11, which indicated that PtNPs grew in the pores of MWCNTs and some defects disappeared. The activity of MWCNTs/Pt towards the reduction of O_2 was very high. The results of CV clearly suggest that the MWCNTs/Pt composite can electrocatalytically reduce O_2 and H_2O_2 , which is in favor of further utilization of glucose sensing. PtNPs have good electrocatalysis toward H_2O_2 reduction, which was generated during the course of the GOD-catalyzed oxidation of glucose in the presence of dissolved oxygen. The present study may provide a feasible approach in electrochemical detection of glucose. This synthesized material is a promising candidate with potential for determining blood glucose concentration in the practical clinical analysis.

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